

## COMMENTARY

# NEW PERSPECTIVES ON THE BIOCHEMISTRY OF SUPEROXIDE ANION AND THE EFFICIENCY OF SUPEROXIDE DISMUTASES

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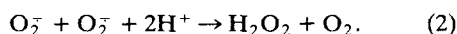
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### History of a controversy

The earliest hypothesis concerning the existence of superoxide anion ( $O_2^-$ ) was put forth in 1931 by Haber and Willstätter [1] during water radiolysis. McCord and Fridovich [2] later postulated that it was generated during the activity of milk xanthine-oxidase, an enzyme capable of oxidizing various organic structures efficiently. The formation of  $O_2^-$  by an endothermic reaction appeared to be an intermediate step in the reduction of  $O_2$  to hydrogen peroxide:



In 1969, superoxide anion was unmistakably identified by electron spin resonance [3] during xanthine-oxidase activity. That same year, McCord and Fridovich [4] proved that erythrocyte, a blue cupro-zinc protein present in erythrocytes [named superoxide dismutase (SOD) by these authors], speeded up the spontaneous dismutation of  $O_2^-$  which occurs in protonated media:



At first, it appeared that superoxide dismutase provided effective protection against chemical oxidations and cytotoxic phenomena mediated by xanthine-oxidase. For this reason Fridovich and coworkers postulated that  $O_2^-$  was the main oxidant produced by xanthine-oxidase. A manganese SOD, in addition to the cytosolic zinc-copper variety, was isolated in mitochondria. Other metalloproteins, functioning in the same way as SOD, were identified in the cells of all aerobic organisms. Subsequently, numerous investigators used SOD to show that  $O_2^-$  does indeed play a role in several oxidation processes. To cite only one example, Pederson and Aust [5] claimed that lipoperoxidations mediated by xanthine-oxidase were slowed by SOD. Babior *et al.* [6] demonstrated that bacterial SOD played a protective role during phagocytosis as well. These early observations were later corroborated by many investigators. Furthermore, it was clearly established that  $O_2^-$  can be generated by enzymes other than xanthine-oxidase. It was then that members of the staff of B. Chance [7] made an important breakthrough: disturbances in the mitochondrial respiratory chain resulting from an anoxia of varying

duration in turn led to the univalent reduction of  $O_2^-$  (cf. Eqn 1) [8].

At the same time, though,  $O_2^-$  seemed to be a good reducing agent [9] of substances such as ferricytochrome c, nitroblue tetrazolium, and tetranitromethane. Elsewhere, these same experiments were conducted to substantiate and measure the generation of  $O_2^-$  under biological conditions. The apparent ambivalence of  $O_2^-$  under identical conditions puzzled investigators. In an attempt to ascertain the exact physical and chemical properties of  $O_2^-$ , many studies were carried out in the 1970s, employing the most rigorous of methods: pulsed radiolysis in combination with fast spectrometry, thermodynamic calculations, etc.

At the end of the decade, Sawyer *et al.* [10] summarized the main findings of these investigations: " $O_2^-$  is a pitifully weak oxidant." One study found, for example, that lipoperoxidations mediated by  $O_2^-$  were impossible [11]. As a counterbalance, the nucleophilicity of  $O_2^-$ , of apparently limited importance in biological mediums rich in  $H^+$ , was found to be of greater significance in aprotic conditions [12]. The role of  $O_2^-$  in oxidizing phenomena was thus believed to be of lesser importance, with  $H_2O_2$ , produced by its dismutation, now being considered the true agent involved in oxidase activities [13].

As the current decade got under way, then, it was not uncommon to come across articles with sarcastic titles such as "How super is superoxide?" [14]. In 1980, Nanni *et al.* [15] wrote that "... the studies to date indicate that  $O_2^-$  is fairly innocuous." At the same time, it was widely believed that superoxide dismutases, speeding up as they do the formation of  $H_2O_2$  formation, did not offer protection against oxygen toxicity.

Thus, two opposing opinions concerning superoxide reactivity met head on: the first held that  $O_2^-$  was completely inactive and therefore merely a chemical curiosity [16], the second that it was highly reactive, extremely oxidant, and involved in various biological processes [4].

This difference of opinion aside, it was impossible to refute the effectiveness of SOD in substantially eliminating many of the oxidizing effects of oxidases (including lipoperoxidations) and many toxic phenomena linked to oxygen activities. In an attempt to reconcile these apparently opposing schools of thought regarding the efficiency of SOD in combatting oxygen activation toxicity, it was proposed

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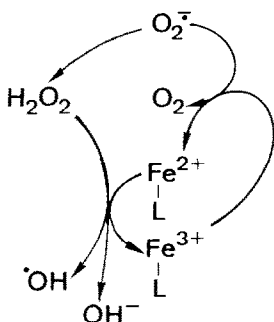
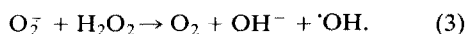


Fig. 1. The Haber-Weiss cycle. Superoxide anion ( $O_2^{\cdot -}$ ) furnishes  $H_2O_2$  and regenerates  $Fe^{2+}$ , the two partners of the Fenton reaction which produces hydroxyl radical  $^{\cdot}OH$ .

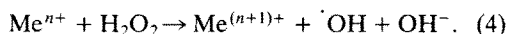
that superoxide anion and  $H_2O_2$  interacted to generate hydroxyl radical  $^{\cdot}OH$ :



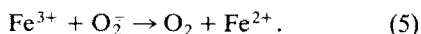
This radical is a very strong oxidizer [17], especially familiar to radiochemists, and one capable of attacking various kinds of organic structures, including very stable molecules (e.g. alkanes and benzenes). Equation (3) became known as the "Haber-Weiss reaction" and offered conclusive proof as to the efficiency of SOD, which was shown to scavenge one of the reagents which form  $^{\cdot}OH$ . However, it was demonstrated that the detoxicating effect of SOD was enhanced by the addition of catalase, which destroys  $H_2O_2$  in oxidase systems.

This seemed to demonstrate the validity of Eqn (3); however, there were still doubters, and the validity of Eqn (3) was soon questioned on theoretical grounds. Indeed, its velocity coefficient was found to be much smaller than that of the inverse reaction [18].

A new mechanism (actually the old Fenton reaction "revisited") [19] was then proposed, one which appeared to resolve the above-mentioned contradictions:

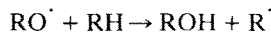


Here, Me represents a transition metal such as iron, manganese, cobalt and copper. Iron was retained as being of particular interest because it is present in all biological media [20]. The role of  $O_2^{\cdot -}$  then appeared in a clearer light: (a) it generates  $H_2O_2$  by dismutation (Eqn (2)), and (b) it regenerates  $Me^{n+}$  (cf. Eqn (4)) by reduction. If iron is used, for instance:



This allows the Haber-Weiss cycle to be set in motion (Fig. 1).  $O_2^{\cdot -}$  thus appears to be a very effective reducing agent in various mechanisms of oxygen activation, especially in the case of  $Fe^{3+}$ . The disagreement concerning the role of  $O_2^{\cdot -}$  in the peroxidation of unsaturated lipids is thereby resolved:  $O_2^{\cdot -}$  regenerates the  $Fe^{2+}$  involved in lipoperoxidation, especially during the process of reactivation. If ROOH is a lipoperoxide of an unsaturated lipid (RH),  $Fe^{2+}$  catalyzes the formation of alkoxyl radical

( $RO^{\cdot}$ ) and maintains auto-oxidation cycles [21] according to the following sequence:



As  $O_2^{\cdot -}$  is also capable of reducing  $Fe^{3+}$  (cf. Eqn 5),  $O_2^{\cdot -}$  and  $Fe^{3+}$  thereby combine to catalyze lipid peroxidation. It follows that SOD slows down the rate of peroxidation. Other reducing agents (e.g. ascorbate) [22] may be substituted for  $O_2^{\cdot -}$  in peroxidations, but it is not known for certain whether such substitutions are possible under biological conditions.

#### Update on unresolved problems

The capacity of  $O_2^{\cdot -}$  to regenerate  $Fe^{2+}$  by reducing  $Fe^{3+}$  (and thus the efficiency of SOD itself) is no longer disputed, but the other properties of  $O_2^{\cdot -}$  and the problems related to it have received far less attention. However, much work has been done recently in these areas, a detailed account of which follows.

*Does  $O_2^{\cdot -}$  generate singlet oxygen?* Unlike fundamental oxygen ( $^3O_2$ ), which does not react directly with organic molecules because of its biradical structure [23], singlet oxygen ( $^1O_2$ ), in which all the electrons are paired, is not subject to quantic interdiction and thus reacts strongly with organic matter [24] without the intervention of catalysts. However, the conversion of  $^3O_2$  into  $^1O_2$ , implying a spin-inversion, requires a large energy supply (25 kCal/mol) uncommon in biochemical reactions. As early as 1970, Khan [25] had postulated that the spontaneous dismutation of  $O_2^{\cdot -}$  would directly produce the potent oxidizer  $^1O_2$  and that  $O_2^{\cdot -}$  thus played a more direct role in oxygen toxicity than had been thought previously. If proved, this would be another way of corroborating the protective role of SOD, as catalytically accelerated dismutation produces only  $^3O_2$  [26].

The theory maintaining that singlet oxygen is generated by  $O_2^{\cdot -}$  dismutation met with strong criticism and had been virtually abandoned until very recently. In 1987, Corey (a Nobel Prize winner) and Khan (a pioneer in the study of singlet oxygen) published the results of a spectrophotometrical study which showed that  $^1O_2$  was formed during the spontaneous dismutation of  $O_2^{\cdot -}$  [27]. These authors studied the peak of 1260 nm highly characteristic of  $^1O_2$  by means of a cooled germanium photodiode sensitive to infrared and a monochromator which selected the emission of 1260 nm. This potentially extremely important discovery must first be confirmed under biological conditions where the rates at which  $^1O_2$  and  $^3O_2$  are formed may be first accurately measured and then compared. It bears mentioning that a few years earlier, Arudi *et al.* [28], using thermodynamic calculations, maintained that it was not possible for  $^1O_2$  to be generated during  $O_2^{\cdot -}$  dismutation. At present, the matter is still under study.

*Release of  $Fe^{2+}$  from ferritin by  $O_2^{\cdot -}$ .* During the last 10 years, the prominent role played by iron

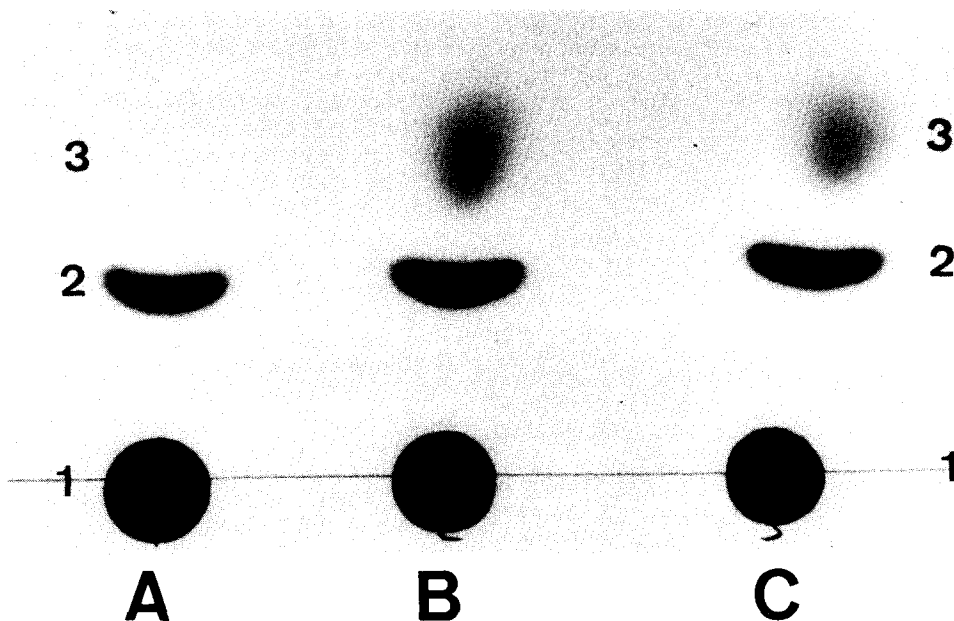


Fig. 2. Separation by thin-layer chromatography of the lipid constituents of erythrocyte ghosts. Key: (A) after incubation with dimethylformamide (DMF); (B) after incubation with  $O_2^-$  ( $4 \times 10^{-4}$  M in DMF); (C) after incubation with  $O_2^-$  ( $10^{-4}$  M in DMF); (1) phospholipids; (2) cholesterol; and (3) non-esterified fatty acid.

in *in vitro* and *in vivo* radical phenomena and lipoperoxidations has provoked much interest [29, 30]; particular attention has been devoted to the mechanisms by which it could be made available *in vivo* to participate in the Haber-Weiss or lipoperoxidation cycles. It is now generally accepted that the main source of iron in cells is ferritin [30], a multi-subunit protein shell surrounding a mineral core. Channels lead to the central core, where iron is stored at oxidation degree 3. At least at this point in time, it seems that iron linked to ferritin is unable to participate in oxidation processes until it is mobilized from the storage protein [20].

The displacement of iron linked to ferritin must be preceded by reduction into  $Fe^{2+}$  [20]. Reductants are selected according to their shapes, as they must enter the ferritin central cavity [31]. Superoxide anion was first considered an efficient mobilizing agent of the iron stored in ferritin [32, 33]. More recent studies have demonstrated that the ascorbate-mediated release of  $Fe^{2+}$  from ferritin is inhibited by SOD. It has been proposed here as well that it is  $O_2^-$ , generated by the  $Fe^{3+}$  induced oxidation of ascorbate, which is the real reductant of ferritin iron [34].

Ferritin promotes, while SOD inhibits, the peroxidation of phospholipids in liposomes since the  $Fe^{2+}$  necessary for lipoperoxidation to take place is released by  $O_2^-$  [35].

**Deesterification of membrane phospholipids by  $O_2^-$ .** We owe our extensive knowledge of the nucleophilic properties of  $O_2^-$  to the numerous studies carried out during the 1970s [12]. Nucleophilic reactions involving  $O_2^-$  may not occur in an aqueous medium because it dismutates rapidly in protonated media [14].

The general schema of a nucleophilic reaction is

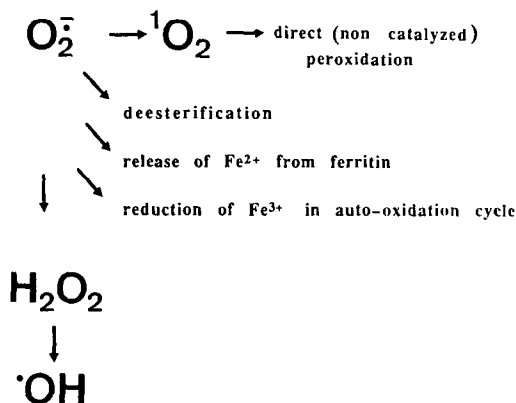
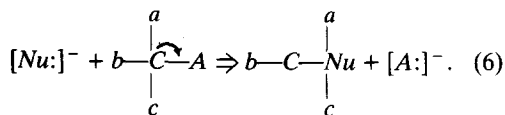
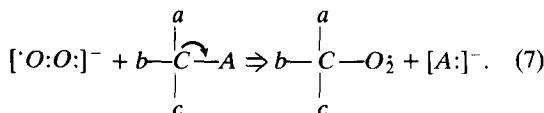


Fig. 3. Facts evidencing the importance of  $O_2^-$  and, consequently of SOD, in biology.

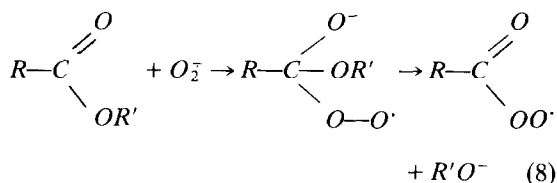
the following, where  $[Nu:]^-$  is a nucleophilic agent provided with an electron doublet:



This equation is transformed as follows when  $O_2^-$  is substituted for  $[Nu:]^-$ .



A mechanism accounting for the deesterification of carboxylic acid esters where the nucleophilic property of  $O_2^-$  is involved was postulated by San Filippo *et al.* [36] in 1976. A peroxy radical was formed during the first step:



The formation of new  $O_2^-$  molecules in subsequent reaction steps led to net ester hydrolysis, yielding carboxylic acid anions and alcohol [37].

This schema was confirmed by other authors as well [38, 39]. Niehaus [40] hypothesized that  $O_2^-$ -mediated deesterification could occur in phospholipids in aprotic media. He subjected a synthetic phosphatide, dilauroylphosphatidylcholine, to an attack of potassium superoxide ( $\text{KO}_2$ ) in a dimethyl sulfoxide solution, in the presence of crown ether. Niehaus [40], observing that free fatty acids were released, proposed that a similar mechanism could occur in the aprotic region of cell membranes, delimited by the two phospholipid layers:  $O_2^-$  could thus accumulate and survive in that hydrophobic medium. Earlier, it had been demonstrated that in the absence of protons, the half-life of  $O_2^-$  was several hours [41, 42]. Before this hypothesis could be accepted, it had to be shown that electrically-charged superoxide anions could cross through cell membranes. Some of the many experiments conducted in this area did indeed show the capacity of  $O_2^-$  to do so. Experiments performed with "resealed" erythrocyte ghosts containing xanthine-oxidase and subjected to external xanthine-oxidase substrates demonstrated that the  $O_2^-$  formed inside these vesicles moved across the ghost membrane, since the reduction of ferricytochrome *c* outside the vesicles would not have occurred had SOD and xanthine-oxidase been sealed inside beforehand [43]. Lynch and Fridovich, the authors in question, also showed that  $O_2^-$  crossed the erythrocyte membrane through the anion channels [44] (transmembrane polypeptides), carrying out the rapid transport of anions as it did so [45]. Anion channels are covalently bound by 4,4'-diisothiocyano-2,2'-disulfonic acid stilbene (DIDS), a specific blocker [46]. Resealed erythrocyte ghosts filled with ferricytochrome *c* were permeable to the  $O_2^-$  generated in the surrounding medium, as demonstrated by the reduction of ferricytochrome inside the vesicles. Adding DIDS to the medium inhibited this reduction. It was concluded from these experiments that  $O_2^-$  was released from erythrocytes and that this process was blocked by DIDS, offering conclusive proof that  $O_2^-$  crosses through the anion channels [44, 46].

Babior *et al.* [47] observed that the  $O_2^-$  generated close to neutrophil polymorphonuclear leucocyte membranes was partially released into their phospholipid bilayer. Petrone *et al.* [48], also working with neutrophil polymorphonuclears, demonstrated that superoxide was secreted out of these

leucocytes, thereby forming leucotoxic agents by reaction with plasma peptides which were inhibited by SOD.

The speed at which  $\text{H}_2\text{O}_2$  and  $O_2^-$  were released into the surrounding medium by endothelial cells exposed to menadione or nitrazepam demonstrated the permeability of cell membranes to these two substances. In fact, superoxide is released from the cells approximately 2 min after the drugs are added to the culture medium [49].

To summarize the findings of these observations, Niehaus' hypothesis that  $O_2^-$  can diffuse across membranes and accumulate in their apolar regions has not been disproven experimentally [40].

In our laboratory, we have recently begun conducting deesterification experiments using a somewhat less artificial membrane model than  $\text{KO}_2$  acting on dilauroylphosphatidylcholine. We prepared human erythrocyte membranes ("ghosts"), devoid of hemoglobin and carefully dessicated, and allowed them to react with an  $O_2^-$  solution electrochemically generated in dimethylformamide, an aprotic solvent. An aprotic medium was chosen so as to prolong the half-life of  $O_2^-$  considerably [41].  $O_2^-$  can also survive for several minutes in solutions containing as much as 10% water. It was observed that erythrocyte phospholipids are cleaved by  $O_2^-$  under apolar conditions [50] by the release of unesterified fatty acid (Fig. 2). It must be stressed that no lipoperoxides were detectable during these experiments, proving that peroxy radicals (cf. Eqn 8) are extremely transient intermediates which ultimately produce carboxylic anions, exactly as was the case in short chains as seen above [36, 37].

The deesterification process induced by  $O_2^-$  provides explanations for various phenomena. Superoxide anion can be considered as a mediator of drugs (e.g. naphthoquinone) which induce SOD-inhibited erythrocyte hemolysis by a pathway other than lipoperoxidation [51, 52].  $O_2^-$  increases the fluidity of erythrocyte stroma, an effect [53] also inhibited by SOD, but decreased by  $\cdot\text{OH}$  [54]. Deesterification and fluidity thus seem to be related, whereas peroxidation appears to increase rigidity by the formation of bridges and stroma alteration.

The release of a large number of non-esterified fatty acids (NEFA) is observed in tissues first exposed to a relatively prolonged anoxia and later reoxygenated (ischemia-reperfusion) [55, 56]. It has been shown elsewhere that lysophosphatides are also released [57].  $O_2^-$  is produced during reoxygenation along at least two pathways: (a) disorders of electron-transport in anoxied-reoxygenated mitochondria [7, 8], and (b) activation of xanthine-dehydrogenase into xanthine-oxidase [58].

The release of NEFA could at least partially result from reactions to  $O_2^-$  inside the membranes, where it acts as a phospholipase. This same phenomenon could also be caused by phospholipase activation induced by intracellular hypercalcemia resulting from anoxia. We strongly suggest that the release of NEFA during ischemia reperfusion be reexamined, this time using phospholipase inhibitors and  $O_2^-$  scavengers.

Finally, the deesterification of phospholipids by  $O_2^-$  could also account for the increase in permeability observed in ischemia-reperfusion.

### Biological importance of SOD

Whatever importance SOD may have is directly related to that of  $O_2^-$ . Referring to the Haber–Weiss cycle (Fig. 1), proponents of the chemical inertia of  $O_2^-$  have also claimed that SODs serve no biological function: they maintain that  $O_2^-$  dismutation accelerates the generation of  $H_2O_2$  and that ascorbate or another reductant could play the role of reducer ascribed to  $O_2^-$  in the cycle.

However, Fridovich has postulated recently [53] that  $O_2^-$  appears to act directly and could possess a toxicity of its own, thereby justifying the importance of SOD; however, he did not give precise chemical details concerning these direct effects, except for the release of  $Fe^{2+}$  from ferritin by  $O_2^-$  (inhibited by SOD). To support his position, we have attempted above to show that  $O_2^-$  can indeed exert a direct nucleophilic action. The question of singlet oxygen generation is still awaiting a definitive answer, but the ability of SOD to inhibit singlet oxygen production would serve as conclusive proof.

Superoxide dismutases have been found in virtually all oxygen-tolerant organisms [59]. Adaptation to hyperoxia occurs at the same time as an increase in SOD, both in procaryotes and eucaryotes [60, 61]. However, there are some exceptions: for example, Carlioz and Touati [62], by isolating an *Escherichia coli* mutant completely devoid of SOD, demonstrated that the latter was not strictly necessary for the aerobic survival of this particular bacteria. The slowdown in growth observed, however, suggests that serious cell damage had taken place. Even if the mutant survived aerobically, it would be rapidly eliminated under conditions of oxidative stress.

The importance of SOD in protecting yeast against  $O_2^-$  toxicity was the focus of a recent paper [63]. In the experiments, oxidant stress was produced by paraquat, used to generate  $O_2^-$ . The authors considered  $O_2^-$  directly responsible for the cytotoxic effects of oxygen.

In addition to these theoretical and *in vitro* approaches, there exists a great deal of published material attesting to the protective role played by SOD under experimental conditions: the correlation between the amount of SOD present in cells and the degree of resistance to oxygen [53]; an increase in the sensitivity to  $O_2^-$  toxicity by diethyldithiocarbamate, which decreases the amount of SODs present in the cells [51]; and the beneficial role played by SOD when added to SOD-less mutants during exposure to  $O_2$  or  $O_2^-$  [64].

### Pharmacological importance of SOD

SOD is able to weaken or eliminate altogether a wide variety of toxic effects produced by exposure to  $O_2^-$ -generating systems, as illustrated by Fridovich [53, 59]. Clinical uses of SOD were the object of a paper by Michelson [65] and its role in human pathology was described clearly by Marklund [66].

It is not possible here to provide a detailed description of all the therapeutic uses suggested for SOD since its discovery. For a detailed treatment of this subject, see the Marklund article cited above [66].

The SOD locked in liposomes, when administered intravenously along with catalase, was found to

offer protection against oxygen toxicity [67]. It has also been reported that SOD reduced inflammation, which is a secondary effect of irradiation, and helps to counter the side-effects of chemotherapy. Intrarticular injections of SOD aid in the treatment of joint diseases. Michelson [15] reported that its main application lays in its anti-inflammatory activity, especially on polymorphonuclear leucocytes.

Over the past few years, the most significant progress in SOD therapy has probably been made in two areas: the treatment of ischemia-reperfusion, and the practice of grafts and transplantations. It is generally accepted that free radical generation plays a key role in these pathological conditions. SOD, together with catalase, is currently administered to eliminate the  $O_2^-$  partially responsible for the destructive phenomena of ischemia-reperfusion observed in transplantations, with improved results [68].

The therapeutic use of SOD also improves changes in the small intestine occurring during ischemia and after reperfusion [69]; protects against ischemia-induced hepatocellular injury (in combination with catalase); reduces the effects of renal dysfunction following ischemia [69]; reduces the size of infarcts induced by coronary arterial occlusion [70]; when administered along with catalase, plays a beneficial role during the reperfusion of an excised heart [71]; and improves the renal function of excised and reperfused kidneys [72].

In a recently published paper, Hernandez and Granger [73] stated that SOD was most beneficial when used as an anti-oxygen agent in organ preservation and transplantation. In another recent article, Bolli accentuated the favourable effect of the SOD–catalase combination on post-ischemic myocardial dysfunction in dogs [74].

### Outlook and conclusions

The lively controversy surrounding the direct toxicity of  $O_2^-$  is based on its so-called poor reactivity and, consequently, on the role of superoxide dismutases themselves [14]. New approaches have been made to this problem since Sawyer and Valentine [14], not that long ago, wrote: "Extensive studies of the chemistry of  $O_2^-$  have not as yet revealed how superoxide may affect biological systems."

There has been a renewed interest in SOD research in recent years. Investigations demonstrating the importance of SOD in protecting microorganisms and grafts and transplantations provide a strong argument in support of the discovery by McCord and Fridovich of  $O_2^-$  toxicity. Currently, several papers have appeared attesting to the direct effects of  $O_2^-$ , ones that are either reduced in number or eliminated entirely by  $O_2^-$  scavengers or superoxide dismutases. As summarized in Fig. 3, these effects are:

- Membrane deesterification occurring in the apolar environment constituted by the hydrophobic region of cell membranes;
- the release of  $Fe^{2+}$  directly involved in lipoperoxidations; this mechanism explains how the administration of SOD inhibits lipoperoxidations under specific conditions; and
- the production of singlet oxygen during spon-

taneous dismutation, a phenomenon which could not occur during the catalytic dismutation of  $O_2^-$ .

New vistas on oxygen toxicity therapeutics have thus been opened: the scavenging of  $O_2^-$ ; the promise of recombinant SOD; and the synthesis of small molecules which create an SOD-like effect. Electrophilic agents, acting in apolar mediums, could also offer efficient protection for membranes by capturing an electron and restoring an  $O_2$  molecule from superoxide anion. The struggle against superoxide anion appears more and more as a pharmacological necessity.

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